

Comments about Glendon Programs and Activities:

(About the workshop "Suicide: What Therapists Need to Know")

Dr. Lisa Firestone-

I just wanted to express my appreciation for the workshop. Your expertise and passion is obvious. Not only did I enjoy the day but I learned some things that I am utilizing. Thank you for your impact in what I do!

Dear Lisa Firestone and Jina Carvalho:

Another successful suicide forum put on by you two. It occurred afterwards that the two of you will never really know how many people you've helped and in how many ways. Like you said in your opening talk "a pebble thrown into a lake the ripple effects go on and on. And the ripple effects of your program go on and reach people that you don't even know. Thanks for all those people including me. So bless you and keep up the good work.

Hafa Adai (Hello):

I've fortunately come across your website and am feeling hopeful that I may be able to successfully gain support and resources for my work on suicide prevention on Guam.

As the supervisor for the Prevention and Training Branch of the Department of Mental Health and Substance Abuse, I am making it my responsibility to lead a group of community volunteers, survivors of suicide and para/professionals to do something about the high rate of suicide not only among Guam's youth, but adults as well.

I'm not an expert by any means, but I've made it a personal commitment to help to educate myself and others with whom I am blessed to know. Would like to preview/obtain somehow the training video series.

Glendon Association:

I am beginning my thesis researching the area of death awareness and its impact on living a more authentic life. I came across the website on the Glendon Association and the press release entitled "Living with an Awareness of Death," a ground breaking lecture on Robert Firestone's work hosted by the Ernest Becker Foundation. The article mentioned Dr. Firestone's and your contribution to

research in this area. Is it possible for you to supply me with a bibliography especially professional journal articles?

About the video "Friendship, A Life of Meaning and Compassion"

Unfortunately I didn't see the program in its entirety on PBS which is why I'm hoping to be able to order the program, but of what I saw the premise involved a group of friends that had experienced a sailing journey together. After the experience they decided to pursue going into business. One group started a high tech company and another group started an interior design company. There may have been other business as well, but the interesting thing was that the businesses were build around the same principals of communication they had learned while on their sailing trip. The program spanned several years through marriages, births and deaths.

My husband and I identified with and share many of the same concepts with which everyone in the program lived and worked. We try to live mindfully and with compassion. We both believe in being authentic. What impressed me was the values everyone lived by were present in all aspects of their life.

I look forward to watching the program all the way through.