

## **Media Biography**

### **Lisa Firestone, Ph.D.**

Director of Research & Education  
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**Lisa Firestone, Ph.D.** is the Director of Research and Education at the Glendon Association, and an adjunct faculty at the University of California, Santa Barbara. Since 1987, she has been involved in clinical training and applied research in the areas of suicide and violence. These studies resulted in the development of *Firestone Assessment of Self-destructive Thoughts* (FAST) and *Firestone Assessment of Violent Thoughts* (FAVT). Dr. Firestone's other publications include: "Voices in Suicide," "Assessing Violent Thoughts," "The Treatment of Sylvia Plath," *Conquer Your Critical Inner Voice* (New Harbinger, 2002) and *Creating a Life of Meaning and Compassion: The Wisdom of Psychotherapy* (APA Books, 2003). She is an active presenter at national and international conferences in the areas of couple relations, Voice Therapy, child abuse, and suicide.

Dr. Firestone's media coverage includes: *Psychology Today*, CBC-TV's "*Canada Now*", **KGO Radio**/San Francisco, *Fitness Magazine*, **BBC News Online**, NPR's **KPFK**/Los Angeles, and *New Woman Magazine*.