

Media Biography

Robert W. Firestone, Ph.D.

Psychologist, Author, Consultant

Robert W. Firestone, psychologist and author, has established a comprehensive body of work that is focused on the concept that defenses formed by individuals early in life often impair their ability to sustain intimate adult relationships, and can have a damaging effect on their children. Dr. Firestone was engaged in the private practice of psychotherapy from 1957 to 1979 working with a wide range of patients, expanding his original ideas on schizophrenia, and applying these concepts to a theory of neurosis. In 1979, he joined The Glendon Association as its consulting theorist. Dr. Firestone's major publications include *The Fantasy Bond*, *Compassionate Child-Rearing*, and *Fear of Intimacy*. His studies of negative thought processes led to the development of an innovative therapeutic methodology described in *Voice Therapy, Suicide and the Inner Voice, Combating Destructive Thought Processes* and *Creating a Life of Meaning and Compassion: The Wisdom of Psychotherapy* (APA Books, 2003).

Dr. Firestone's media coverage has included: *The Toronto Star*, *WebMD.com*, *The Sacramento Bee*, *Salon.com*, *The Dallas Morning News*, *MSN.com*, and *The Los Angeles Times*.